



Fort Campbell Family Resource Guide

- Resource of agencies that offer support to Soldiers and Family Members
- Resources for prevention, intervention, treatment and education efforts
- Addresses & phone numbers for support agencies
- This document can be found at <http://www.campbell.army.mil>

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Use of This Guide

This guide is a reference for contacting agencies responsible for providing assistance to Families in the prevention and intervention of high risk behaviors. Off post non-profit agencies are occasionally listed so that families have a full range of the resources available within the Fort Campbell area. The Fort Campbell area is dedicated to providing resources and support to Soldiers and their Families.

Please use the index to look up a risk factor and see all the resources that can be applied to help reduce risks. Each page/section is organized as follows:

- I) Definition of the risk factors listed
- II) Primary staff agencies responsible for assistance in providing services
- III) All services available with a brief description; address; and phone number

Understanding Interventions and Preventions:

An intervention is an orchestrated attempt by one, or often, many people (usually Family and friends) to get someone to seek professional help with an addiction or some kind of traumatic event or crisis. The term intervention is most often used when the traumatic event involves addiction to alcohol, drugs, suicidal ideations or other items.

A prevention is a program of activities directed at improving general well-being and often involving specific protection for selected purposes or diseases, such as immunization; while primary prevention is the avoidance of the onset of disease by behavior modification (e.g. limiting alcohol intake) or treatment (e.g. routine childhood immunization).

The Fort Campbell Community has many programs, services and facilities on the installation that can provide *intervention and prevention* measures for Soldiers and Family Members. Other programs can offer *treatment and education services* to Units, individual Soldiers and Family members. This guide will be continually evolving as the Army's Health Promotion, Risk Reduction and Suicide Prevention advance efforts on the installation.

Accidents

(Property Damage)

Definition: Property damage of \$2000 or more, but less than \$500,000 and/or a non-fatal injury, occupational illness, or disability that causes missed days of work and/or training.

Installation Provost Marshal Office U.S. Army MP; Phone: 270-798-7113; Fort Campbell, KY; <http://www.campbell.army.mil/campbell/directorates/ES/Police>

Services: The Fort Campbell's Office of the Provost Marshal provides 24-hour law enforcement, force protection, and community assistance to Commanders, Soldiers, Family members, Civilians and guests of Fort Campbell; maintains liaison with federal, state and local law enforcement agencies; supports installation contingency operations.

Off Post Agencies

1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656; <http://www.clarksvillepd.org>
2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611; <http://www.mcgtm.org/sheriff>
3. Oak Grove Police Department: Administrative Office; 8505 Pembroke-Oak Grove Road; Oak Grove, KY; 270-439-4602
4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500; <http://www.hopkinsvilleky.us/police>
5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 270-887-4143



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Alcohol Related Issues

Definition: includes alcohol abuse, drunk and disorderly conduct, driving while intoxicated, possession and consumption by a minor.

Garrison Army Substance Abuse Program (ASAP); 234 Bastogne, Fort Campbell, KY 42223; Phone: 270-412-0214 (Education & Training Program) <http://acsap.army.mil>

Prevention Services: A wide range of prevention/education classes are available for Soldiers. There are also many resources (books, pamphlets, films, audio tapes, etc.) available for check out from the ADAPCP Resource Library. (Request for assessments/treatment of specific individuals should be directed to unit ASAP counselor; call 270-798-7270, for assistance.)

Army Substance Abuse Program (Clinical Program) Phone: 270-412-6883; <http://acsap.army.mil>

Prevention & Intervention Services: The Fort Campbell Army Substance Abuse Program offers substance abuse prevention classes, urinalysis testing, risk reduction consultation for active duty Soldiers, retired military personnel and their Family members. The program is located at 2551 23rd Street (corner of 23rd and Kentucky), Fort Campbell KY 42223

Monday-Thursday 8AM – 4:00PM; Intakes Monday-Thursday 8AM – 10AM; Closed Fridays 12PM – 4PM

For more information, call 270-412-6883. <http://www.acsap.army.mil>

Alcoholics Anonymous; Phone: 270-798-7446; <http://aanashville.org>

Alcoholics Anonymous is a voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership. Weekly meetings are held at-

DW Recreation Center; 6145 Desert Storm AVE, Fort Campbell KY 42223

270-798-7446

Mondays, Wednesday, Fridays 11:45AM – 1PM

Melvin Maynard Center; 951 Clark Street, Clarksville, TN 37040

Monday-Saturday: 12pm, 6pm, 8pm

Sunday: 1030am, 6pm, 8pm

REBOS Club House; 102 Higgins Street, Hopkinsville, KY 42240

Monday: 530pm, 8pm

Tuesday: 12pm, 530pm, 8pm

Wednesday: 12pm, 530pm

Thursday: 530pm, 730pm

Friday: 530pm, 730pm

Saturday: 9am, 530pm, 8pm

Centerstone; 511 Eighth Street Clarksville, TN 37040 Phone: 931-920-7200; 24hr Crisis Intervention 1-800-696-4267; <http://centerstone.org/>

Education: Centerstone offers a twelve week course that meets once a week to discuss alcohol and drug treatments. **Co-Occurring Disorders Treatment** is for individuals who have both a substance use disorder and a mental illness. This program provides therapy, intensive outpatient counseling, case management and psychiatric services for both disorders, rapid HIV testing for individuals and their partners, limited assistance with transportation to treatment and referral to primary care when needed. Individuals with co-occurring disorders have a better chance of recovery from both disorders when they receive services that combine mental health and substance abuse treatment. This is a free service provided for by a \$2.3 million federal grant.

Intervention Services for Addiction Disorders: Working with family, friends or employers, an Interventionist uses a team approach to confront an individual with pertinent facts regarding the impact of their addiction. Through an intervention, the individual is encouraged to seek treatment. If they agree to treatment, the Interventionist provides the individual with professional and confidential advice for addressing addiction-related issues, assistance with entering the most appropriate treatment program, as well as transportation to treatment and case coordination during and following completion of treatment.



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Anger Management

Definition: A system of psychological therapeutic techniques and exercises by which someone with excessive or uncontrollable anger can control or reduce the triggers, degrees, and effects or an angered emotional state.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital Number 270-798-8400; <http://www.campbell.amedd.army.mil/>
Prevention Services for Adults: **Adult Behavioral Health;** Local Phone Number: 270-798-4097/4269. Located in the BLDG 2516 on 22nd and Indiana, the Adult Behavioral Health provides behavioral health services to active-duty Soldiers and all Family Members on a space available basis. Retirees and their Family Members are eligible for services on a space available basis. Assistance is available for crisis intervention, anger control, stress management, anxiety and depression.

Prevention Services for Children & Teens: **Child and Adolescent Psychiatry Service;** Location: 2437 21st Street and Indiana Avenue; Phone: 270-798-8437; Child and Adolescent Psychiatry Service provide treatment for the emotional and behavioral problems of Family members ages 3 through age 17. Services include individual, group and Family therapy, as well as school consultation and parent education. Medication management is also provided.

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Rd; Fort Campbell KY 42223; Phone: 270-412-5500; Hours 0730-1630 Mon-Fri;

<http://fortcampbellmwr.com/>

Services for Education and Prevention: Army Community Service FAP provides the following classes and group sessions for Soldiers and Families: Anger Management Group, Stress Management Group, Parenting Classes and transitional compensation for abused Family members.

Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-6124; Hours 0900-1700; 24 Hour Care Line: 270-798-2273;

<http://www.campbell.army.mil/campbell/chaplain>

Prevention & Intervention Services: Conflict Resolution and Anger Management Counseling. Also contact your Unit Chaplain for any and all interventions/preventions.

Military Family Life Counselors (MFLC); Family Resource Center; 1501 William C. Lee Road; Phone: 270-205-1917; Hours from 0800-2000 Mon-Thurs/0800-1600 Fri

Prevention & Intervention Services: MFLCs can give Anger Management Classes or meet with Soldiers and Family members for individual meetings. Unit POC can also contact their embedded MFLC for more information.



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Attention Deficit Disorder

Definition: Attention deficit hyperactivity disorder (ADHD or AD/HD) is a neurobehavioral development disorder characterized by the co-existence of attention problems and hyperactivity

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; 270-798-8400; Child and Adolescent Psychiatry Service; Location: 2437 21st St. and Indiana Ave; Phone: 270-798-8437; <http://www.campbell.amedd.army.mil>
Treatment Services: Child and Adolescent Psychiatry Service provide treatment for the emotional and behavioral problems of Family members ages 3 through age 17. Services include individual, group and Family therapy, as well as school consultation and parent education. Medication management is also provided. **Hours of Operation:** *Appointments:* Monday-Friday, 0730-1600; *Walk-In:* Monday, Tuesday, Wednesday, and Friday, 0730-1100 and 1300-1500; Thursday, 0900-1100 and 1300-1500.

ACS Exceptional Family Member Program; 5661 Screaming Eagle Blvd.; Fort Campbell, KY; Phone: 270-798-2727; Hours 0730 – 1630 Mon-Fri;
<http://www.fortcampbellmwr.com/>

Services: The Fort Campbell Exceptional Family Member Program (EFMP) serves more than 2,600 individuals with special needs. EFMP is a mandatory enrollment program that works in partnership with various military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical support, and personnel services to Families with special needs. An exceptional Family member is a Family member (child or adult) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling. Army Community Service Exceptional Family Member Program offers advocacy services, IEP assistance, unit/FRG briefings, relocation assistance, respite care to eligible recipients, support groups, holiday and special events, and referrals. EFMP also partners with Child Youth and School Services to provide a two-week summer camp for children starting at age three to adult enrolled in EFMP. Children are allowed to attend the summer camp at no cost to parents.

BACH Exceptional Family Member Program; 6733 Air Assault Street; Fort Campbell KY; Phone: (270) 956-0614; Location: BACH "C" Building, 3rd Floor; Hours of Operation: Monday, Wednesday, Thursday, & Friday, 0730-1600, Tuesday, 0730-1130;
<http://www.campbell.amedd.army.mil/>

Services: The military's Exceptional Family Member Program is designed to identify Family Members with special needs and make sure that the service member is assigned to a location where the Family member's medical needs will be met. An exceptional Family Member (EFM) is defined as an authorized Family Member who may require special medical or educational services based on a diagnosed physical, intellectual, or emotional handicap. An authorized Family Member may be a spouse, child, stepchild, adopted child, foster child, or a dependent parent. Disabilities may range from mild to severe. Considered needs include any special medical, mental health, developmental or educational requirement, wheelchair accessibility, adaptive equipment, or assistive technology devices and services. If someone in your Family qualifies for the program, you are required to enroll in the EFMP. All active-duty Soldiers with OCONUS assignments must schedule a medical records screening for each Family Member. This screening must be completed before Family travel application can be processed. Appointments are scheduled when Soldiers attend their levy briefing or by calling 270-798-8830.



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Child Related Issues/Child Abuse

Definition: Substantiated cases of child abuse/neglect where the perpetrator is a member of this unit. **Reporting Abuse:** Call the Military Police at 270-798-7111/7112 for on post reporting. If a military service member suspects that someone is abusing or neglecting a child, he/she is required by federal and state laws and DoD policy to report it to the Family Advocacy Program immediately. Suspected child abuse or neglect may also be reported by contacting the appropriate state child abuse hotline.

Child Abuse and Neglect

Fort Campbell Abuse reporting 270-798-8601

Military Police (on-post only) 270-798-7111/7112

Kentucky Abuse Hotline 800-752-6200

Tennessee Abuse Hotline 877-237-0004/0026

Suspected child abuse in a DoD-sponsored out-of-home care facility, including child development centers, Family child care, youth programs or DoDDS/DDESS schools, can be reported to FAP or the DoD Child Abuse Safety and Violation Hotline at 1-800-336-4592

Blanchfield Army Community Hospital; Department of Social Work/Family Advocacy Program (FAP); 650 Joel DR; Fort Campbell, KY 42223; Phone: 270-798-8601;

<http://www.campbell.amedd.army.mil/>

Intervention Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for Families involved with child abuse. Some of the treatment services available include: Anger Management Group, Stress Management Group, Parenting Classes, and Child/Family Counseling.

Intervention Services for Children & Teens: Child and Adolescent Psychiatry Service; Location: 2437 21st Street and Indiana Avenue; Point of Contact; 270-798-8437

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Rd; Fort Campbell KY; Phone: 270-412-5500; Hours 0730-1630 M-F; <http://fortcampbellmwr.com/>

Services for Education and Prevention: Army Community Service FAP provides the following classes and group sessions for Soldiers and Families: Anger Management Group, Stress Management Group, Parenting Classes and transitional compensation for abused Family members.

BACH Family Advocacy Program; Community Mental Health Services; 2523 22nd Street; Fort Campbell, KY; Phone: During business hours 270-798-8601; After hours 270-798-8400; Prevention & Education 270-798-4191/2045; Victim Advocacy Services 270-412-5500; Emergencies: 911; <http://www.campbell.amedd.army.mil/>

Primary Care Treatment & Support Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for couples involved in violence. Some of the treatment services available include: Anger Management, Stress Management, Marital Therapy, Active Duty Support and Women's Support Groups.

BACH Educational and Developmental Intervention Services; 2439 21st Street; Fort Campbell, KY; Phone: 270-798-8997; hours 0730-1600 Mon-Fri;
<http://www.campbell.amedd.army.mil/bachclinics2.html>

Services for Education, and Intervention: Educational and Developmental Intervention Services (EDIS) is a community based program which provides developmental support to children from birth to 36 months. EDIS screens children for developmental concerns and provides services to eligible children who reside on Fort Campbell. The EDIS team includes several providers including speech - language pathologist, early childhood intervention specialist, an occupational therapist and a physical therapist. EDIS is here to help your child and family with any developmental concerns you may have. Give us a call today.

Tennessee Early Intervention System (TEIS); 1232 Foster Avenue (Davis 1) Nashville, TN 37243; Phone: 615-532-7237; <http://www.tn.gov/education/teis/>

Services: Tennessee's Early Intervention System is a voluntary educational program for families with children ages birth through two years of age with disabilities or developmental delays. The primary goal of EI is to support families in promoting their child's optimal development and to facilitate the child's participation in family and community activities. The focus of EI is to encourage the active participation of families in the intervention by imbedding strategies into family routines. It is the parents who provide the real early intervention by creatively adapting their child care methods to facilitate the development of their child, while balancing the needs of the rest of the family.

Kentucky First Steps; Available in all Kentucky counties; Phone: 877-417-8377;
<http://chfs.ky.gov/dph/firstSteps/default.htm>

Services: First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families. First Steps is Kentucky's response to the federal Infant-Toddler Program. First Steps offers comprehensive services through a variety of community agencies and service disciplines and is administered by the Department for Public Health in the Cabinet for Health and Family Services.

Child, Youth and School Services; 5668 Wickham Avenue; Fort Campbell, KY 42223; Phone: 270-798-0674; Hours: Admin-0800-1700 Mon-Fri; Parent Central Service Registration-0800-1900 Mon-Thu, 0800-1700 Fri; <http://www.fortcampbellmwr.com/CYS/index.htm>

Services: Offers assistance to Families in locating childcare for their specific needs for both traditional and non-traditional childcare and maintains several facilities on the installation for childcare purposes. Registration and enrollment of children in all CYSS programs is done at the Parent Central Services office.

CYSS Kids on Site; 5668 Wickham Ave; Fort Campbell, KY 42223; Phone: 270-956-4381;

Services: On-site hourly daycare for groups within the same building where parents are attending a function or immediate adjacent to the parents function. Registration with CYSS is required for services. Coordination for childcare must be made with the KOS office at least 2 weeks in advance prior to the event. One week's notice required to submit the list of children's names for care to ensure active registration. To get your building approved for an evening child care site call 270-798-4643 and we will work with you, Fire, Health and Safety to get this

accomplished. All children attending Kids on Site need to be registered through Parent Central Services. Currently there are no fees charged to parents for childcare while attending FRG meetings. For further information on events that require payment please call 270-798-4643.

Armed Services YMCA Family Center; 3068 Reed Street & 5660 Screaming Eagle Blvd (*Backdoor Boutique*); Fort Campbell, KY; Phone 270-798-7422; Hours 0830-1600; <http://www.asymca.org/about/asymca-branches/fort-campbell-ky/>

Services: Operation Hero is an after school tutoring/mentoring program conducted at Fort Campbell Schools. The Co-op Daycare operates from 0900-1500 and it allows for members to volunteer in exchange for free daycare. Other programs include Tumble Tots, ABC & 123's Program, Lunch N Play, Discover Art, Little Amigos Spanish classes, & Krafty Kids arts program. Their outreach includes an area to reserve for Unit FRG meetings and briefings.

ACS New Parent Support Program; Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY; Phone: 270-956-3850; <http://www.fortcampbellmwr.com/>

Services: Provides supportive and caring services to military Families with children birth up to three years of age. Through a variety of voluntary programs, including home visits, classes and groups the new parent support program helps Families cope with stress, isolation, post deployment reunions and everyday demand of parenthood. Specific services are home visits; Parents of Multiples support group, First time Expectant Parent Workshop & Play Mornings.

Taylor Youth Services & Youth Sports; 80 Texas Avenue; Fort Campbell, KY; Phone: 270-798-3643; Hours – 0530-1900 Mon-Fri; <http://www.fortcampbellmwr.com/>

Services: Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities.



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Combat Stress

Definition: The expected and predictable emotional, intellectual, physical, and/or behavioral reactions of Service members who have been exposed to stressful events in war or military operations other than war. Combat stress reactions vary in quality and severity as a function of operational conditions, such as intensity, duration, rules of engagement, leadership, effective communication, unit morale, unit cohesion, and perceived importance of the mission

Chaplain Services Battle-mind Training; Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell, KY; Phone: 270-798-6124;

<http://www.campbell.army.mil/campbell/chaplain>

Prevention Services: Battle-mind training is "the Soldier's inner strength to face fear and adversity with courage." Key components include self confidence and mental toughness.

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY; Central Hospital Number - 270-798-8400; <http://www.campbell.amedd.army.mil/>

Intervention Services: Services to help with intervention include Adult Behavioral Health – 270-798-4097/4269, Child, Adolescent Psychiatry Service - 270-798-8437, ASAP -270 412-6883

ACS Master Resiliency Training; Phone: 270-798-4800

Increase resilience and enhance performance by developing the five dimensions of strength such as the physical, emotional, social, spiritual and Family growth. Learn more about the six resilient competencies to include self-awareness, self-regulation, optimism, mental agility, strength of character, and connection. To get started you need to establish an Army Knowledge Online (AKO) account at www.us.army.mil. Then proceed to take the Global Assessment Tool (GAT) at www.army.mil/csf and the VIA Survey of Character Strengths that measures the 24 character strengths at www.authentic happiness.sas.upenn.edu/Default.aspx. After completing, contact Alex Krohn at (270) 798-4800, and register for the Master Resiliency class. This training provides Family Members with the opportunity to receive the Master Resilience Training Course in its entirety. Vouchers for child care are available for Hourly Care to those interested in attending. Please call Hourly Care at (270) 412-4477 to make child care arrangements. For more information about Master Resiliency Training, please call one of the following Master Resilient Trainers: Alex Krohn (270) 798-4800, PJ Rawlins (270) 798-0609, Jacqueline Smith (270) 412-6004, or Jayme Stalder (270) 412-0346.

ACS Pre and Post Deployment Resilience Training; Training covers resilience skills and targets what to expect after deployment, communication techniques, relationship barriers and resources available post deployment. Located at the Family Recourse Center; 1501 William C. Lee Road; Fort Campbell KY 42223; Phone: (270) 798-4408 www.fortcampbellmwr.com

Military Family Life Counselors (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon—Thurs/0800-1600 Fri

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Not Alone; P.O. Box 92371 Nashville, TN 37209; Phone: 1-888-497-0379; info@notalone.com; <http://notalone.com>

Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services; Phone: 1-800-342-9647; www.militaryonesource.mil

Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services

are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.



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Crimes

Definition: This topic includes crimes against persons i.e. simple assault, aggravated assault, murder, robbery, etc. and crimes against property to include housebreaking/burglary, auto theft, arson, damage to property, and vandalism.

Crimes Against Persons

Installation Provost Marshal Office U.S. Army MP; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774;

<http://www.campbell.army.mil/campbell/directorates/ES/Police>

Services: Provide Unit Commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. The service can be a valuable asset to commander in identifying problems such as possession of stolen property, and possession of other contraband.

Off Post Agencies

1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656; <http://www.clarksvillepd.org>
2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611; <http://www.mcgtm.org/sheriff>
3. Oak Grove Police Department: Administrative Office; 8505 Pembroke-Oak Grove Road; Oak Grove, KY; 270-439-4602
4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500; <http://www.hopkinsvilleky.us/police>
5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 270-887-4143

Crimes Against Property

Installation Provost Marshal Office U.S. Army MP; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774;

<http://www.campbell.army.mil/campbell/directorates/ES/Police/>

Services: Contact the POC to receive information regarding physical security inspections of unit areas and motor pools, security analysis of parking areas including lighting improvements, and general suggestions on how to make offices and common areas less attractive to criminals. Also provide unit commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. The service can be a valuable asset to commander in identifying problems such as possession of stolen property, and possession of other contraband.

Fire Investigations, Fire & Emergency Services; 1747 Kentucky Ave.; Fort Campbell KY 42223; Phone: 270-798-7171

Services: Every fire on Fort Campbell needs to be reported IAW CAM Reg 420-24. Fires discovered after the fact can be reported to Fire & Emergency Services to have an investigator follow up. Fire & Emergency Services also provides Juvenile Fire-setter Intervention. If you may have a problem with a juvenile fire-setter you can call and make an appointment with one of interventionist.

Off Post Agencies

1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656; <http://www.clarksvillepd.org>
2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611; <http://www.mcgtm.org/sheriff>
3. Oak Grove Police Department: Administrative Office; 8505 Pembroke-Oak Grove Road; Oak Grove, KY; 270-439-4602
4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500; <http://www.hopkinsvilleky.us/police>
5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 270-887-4143



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Crisis Management

Definition: Set of procedures applied in handling, containment, and resolution of an emergency in planned and coordinated steps;

<http://www.campbell.army.mil/services/crisis/Pages/default.aspx>

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

American Red Cross; 1760 Madison St. Clarksville TN, 37043; Phone: 931-645-6401
Emergency After Hours Phone 1-877-272-7337; Hours 0800-1630 Mon-Fri;

<http://www.middletennredcross.org>

Support Services: ARC serves as the link between military and civilian worlds. They provide emergency communications between Soldiers and their Families as well as reporting service for emergency leave, personal and other family problems. This is the link to the national Messaging Center to inquire on the status of a Red Cross message. Emergency Leave and Army Emergency Relief are usually unavailable without Red Cross validation.

Blanchfield Army Community Hospital Fort Campbell Fisher House; 652 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8330; Hours 0800-1630 Mon-Fri;

<http://www.campbell.amedd.army.mil/>

Support Services: Offers Soldiers and Families a home to reside in while getting treatment at BACH. Because members of the military and their Families are stationed worldwide and must often travel great distances for specialized medical care, Fisher House™ Foundation donates "comfort homes," built on the grounds of major military and VA medical centers. These homes enable Family members to be close to a loved one at the most stressful time - during the hospitalization for an unexpected illness, disease, or injury.

Emergency Crisis Hotline; Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell KY 42223; 24hr Care Line 270-798-2273;
<http://www.campbell.army.mil/campbell/chaplain>

Emergency Support Services: This number should be used for emergency calls only.

Soldier Family Assistance Center (SFAC); 2433 Indiana Ave.; Fort Campbell, KY;
Phone: 270-412-6000; Hours of Operation 0730-1630 Mon-Fri;
<http://www.fortcampbellmwr.com/acs/sfac/index.html>

Support Services: Provides Wounded Warriors with the support they need to heal and transition back to their unit or civilian life. The SFAC provides Soldiers and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services and referral services.



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Deaths/Grief & Loss

Definition: Death of unit personnel due to natural or accidental death including suicide.

Resources also included for Family members.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Casualty Assistance Center, 2578 23rd Street; Fort Campbell, KY; Phone: 270-798-4727;
<https://www.hrc.army.mil/site/Active/tagd/CMAOC/CMAOC.htm>

Support Services: To provide compassionate unwavering support to Families of our deceased, wounded, and unaccounted-for Soldiers; while ensuring plans, programs, policies and systems remain updated in order to provide timely and accurate information and set the conditions for success. Additionally, assist active duty Soldiers in the event of loss of spouse or child.

ACS Survivor Outreach Services; 2703 Michigan Fort Campbell, KY; Phone: 270-798-0272; <http://www.fortcampbellmwr.com/acs/sos/index.html>

Support Services: To help survivors of fallen warriors both OCONUS and CONUS. Benefits SOS is to provide enhanced services to these Families. This is a holistic and multi-agency approach to delivering services to Survivors by providing services at the Garrison and communities closest to where Families live.

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223;
Phone: 270-798-3316; Hours 0900-1700 Mon-Fri;
<http://www.campbell.army.mil/campbell/chaplain>

Support Services: The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Counselors (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

Support Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide

support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MLFCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Blanchfield Army Community Hospital Grieving Parents: 650 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8777. <http://www.campbell.amedd.army.mil/>

Support Services: BACH offers a Parents Helping Parents Grieving Parents Support Group for anyone who has lost a child. The Support Group meets on the first Monday of each month from 7 until 9 p.m. in the Hospital Chapel, building “A”, 0 Level. The Grieving Parents Support Group is designed to be a safe place for those who know your special grief.

Not Alone; P.O. Box 92371 Nashville, TN 37209; Phone: 1-888-497-0379; info@notalone.com; <http://notalone.com>

Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services; Phone: 1-800-342-9647; <https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Military OneSource offers three kinds of short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.



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Dental Issues

Definition: Dental issues include, tooth decay, Gum Disease, Root Canal, Mouth injuries, Wisdom Teeth, and teeth cleanings. Soldiers and Family members are encouraged to sign-up for the TriCare Active Duty Family Member Dental Plan which is a voluntary dental plan available to members of all active duty and active guard/reserve personnel. TriCare Enrollment 888-622-2256.

1. BACH Dental Clinic; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8240; After hours 270-798-8240
2. Dental Activity Headquarters; 2441 21st Street & Kentucky Ave.; Fort Campbell, KY; Phone 270-798-8751

3. Epperly Dental Clinic; 3603 Indiana Ave & 49th Street; Fort Campbell, KY; Phone: 270-798-3544/3675
4. LaPointe/Kuhn Dental Clinic; 5979 35th & Desert Storm; Fort Campbell, KY; Phone: 270-956-0350
5. In & Out Processing Center Dental Clinic #4; 2577A Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-3353/3557
6. Taylor Dental Clinic; 5580 Desert Storm & Air Assault; Fort Campbell, KY; Phone: 270-798-6362/5429



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Deployment Readiness

Definition: Deployment services are educational and support programs which assist Soldiers, Family members and deploying commands to successfully manage the separation / reunion cycles associated with military duty.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

ACS Mobilization/Deployment Program; 1501 William C. Lee Road; Fort Campbell, KY 42223; Phone: 270-798-3849/412-3195; Hours 0730-1600; <http://www.fortcampbellmwr.com/>
Support Services: Responsible for all phases of deployment and Pre-deployment Cycle Support. Works with all Family Readiness Groups on the installation to ensure they are in a constant state of readiness and in compliance with Regulations. Links Families with their specific unit FRG and assists with referrals. Operation READY workshops are available. Provides CARE Team Training, Spouse Battle-mind Training and implements the Family Assistance Program.

ACS Master Resiliency Training; Phone: 270-798-4800

Increase resilience and enhance performance by developing the five dimensions of strength such as the physical, emotional, social, spiritual and Family growth. Learn more about the six resilient competencies to include self-awareness, self-regulation, optimism, mental agility, strength of character, and connection. To get started you need to establish an Army Knowledge Online (AKO) account at www.us.army.mil. Then proceed to take the Global Assessment Tool (GAT) at www.army.mil/csf and the VIA Survey of Character Strengths that measures the 24 character strengths at www.authentic happiness.sas.upenn.edu/Default.aspx. After completing, contact Alex Krohn at (270) 798-4800, and register for the Master Resiliency class. This training provides Family Members with the opportunity to receive the Master Resilience Training Course in its entirety. Vouchers for child care are available for Hourly Care to those interested in attending. Please call Hourly Care at (270) 412-4477 to make child care arrangements. For more information about Master Resiliency Training, please call one of the following Master Resilient Trainers: Alex Krohn (270) 798-4800, PJ Rawlins (270) 798-0609, Jacqueline Smith (270) 412-6004, or Jayme Stalder (270) 412-0346.



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Drug Involvement

Definition: Possession, sale, or distribution of illicit substances -- which includes individuals identified through a positive urinalysis. (Request for assessments/treatment of specific individuals should be directed to your unit ASAP counselor; call 270-412-6883, for assistance.)

Army Substance Abuse Program (ASAP Clinical); 2526 22nd Avenue; Ft. Campbell, KY; 270-412-6883; <http://acsap.army.mil>

Prevention & Intervention Services: The Army Substance Abuse Program offers substance abuse counseling, prevention classes, urinalysis testing, risk reduction consultation for active duty Soldiers, retired military personnel and their Family members.

Centerstone; 511 Eighth Street Clarksville, TN 37040 Phone: 931-920-7200; 24hr Crisis Intervention 1-800-696-4267; <http://centerstone.org/>

Education: Centerstone offers a twelve week course that meets once a week to discuss alcohol and drug treatments. **Co-Occurring Disorders Treatment** is for individuals who have both a substance use disorder and a mental illness. This program provides therapy, intensive outpatient counseling, case management and psychiatric services for both disorders, rapid HIV testing for individuals and their partners, limited assistance with transportation to treatment and referral to primary care when needed. Individuals with co-occurring disorders have a better chance of recovery from both disorders when they receive services that combine mental health and substance abuse treatment. This is a free service provided for by a \$2.3 million federal grant.

Intervention Services for Addiction Disorders: Working with family, friends or employers, an Interventionist uses a team approach to confront an individual with pertinent facts regarding the impact of their addiction. Through an intervention, the individual is encouraged to seek treatment. If they agree to treatment, the Interventionist provides the individual with professional and confidential advice for addressing addiction-related issues, assistance with entering the most appropriate treatment program, as well as transportation to treatment and case coordination during and following completion of treatment.

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-3316; Hours: 0900-1700 Mon-Fri; www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The Family Life Chaplains provide a full spectrum of counseling. Also contact your Unit Ministry Team for immediate counsel.



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Employment/Volunteer Services

Definition: The frustration of not being able to find a job specifically for spouses can cause Families financial hardship and depression.

ACS Employment Readiness Program; 6733 Air Assault Street; Fort Campbell; Phone: 270-798-4289/4412; Hours 0800-1600 MTWF 1230-1530 Thurs; <http://www.fortcampbellmwr.com/>

Support Services: The FERP and Spouse Employment Partnership (ASEP). The FERP provides information and services in the areas of career planning and job search through workshops,

seminars, Army Spouse Career Assessment Toll and one-on-one counseling. ASEP between the Army and Corporate partners provide opportunities in training and employment for Spouses.

ACS Job Information Center; 6733 Air Assault Street; Fort Campbell, KY; Phone: 270-798-4412; Hours 0730-1630 M-F <http://www.fortcampbellmwr.com/>

Support Services: JIC provides employment and assistance for Appropriated Fund (AF) (Civil Services) and Non-appropriated Fund (NAF) in an automated listing of vacancy announcement on the NAF Job Hotline.

ACS Volunteer Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-412-6771/798-0513; Hours Vary; <http://www.fortcampbellmwr.com/>

Support Services: Volunteers are offered the opportunities to be a part of a team working to improve the quality of life and the well-being of Soldiers and Families of the Fort Campbell Community and a chance to learn valuable employment skills. Limited childcare is available.

Employee Assistance Program; 234 Bastogne Ave, Fort Campbell KY 42223; Phone: 270-798-4411; Hours 0830-1500 Mon-Fri; <http://www.facebook.com/FCEAP>

Support Services: Employee Assistance Program is a job based program designed to help employees, and their Family members whenever feasible, with problems that may affect their well-being and their ability to do their jobs.

Equal Employment Opportunity; 234 Oklahoma Avenue, Fort Campbell KY 42223; Phone: 270-798-3765; Hours 0730-1600 Mon-Fri

Support Services: Provide support and formulate, direct, and sustain a comprehensive effort to ensure fair treatment of all Family members based on merit, fitness, capability and potential which supports and enhances readiness.



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Family Related Issues/Resources

Definition: Conflicts are a part of family life. Many issues can lead to conflict, such as illness, disability, addiction, job loss, relocation, school difficulties and marital problems.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

BACH Marriage & Family Therapists; Blanchfield Army Community Hospital; 2523 22nd Street; Fort Campbell, KY 42223; 270-798-8601;

<http://www.campbell.amedd.army.mil/socialworkservices.html>

Intervention Services: The Marriage and Family Therapists are specially trained counselors in relationship issues of couples and Family problems. Individuals may walk-in or call for an appointment. Scope of services includes individual, couples, Family, and group counseling.

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-3316; Hours 0900-1700 Mon-Fri;

<http://www.campbell.army.mil/campbell/chaplain>

Intervention & Prevention Services: The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Counselors (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

Prevention & Education Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

ACS Soldier Family Assistance Center (SFAC); 2433 Indiana; Fort Campbell, KY; Phone: 270-412-6000; Hours 0730-1630 M-F;

<http://www.fortcampbellmwr.com/acs/sfac/index.html>

Support Services: Provides Soldiers assigned to the Warrior in Transition Unit who are ill, injured or wounded with the support they need to heal and transition back to their unit or civilian life. The SFAC provides WTs and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services and referral services. Childcare is provided on site.

ACS Army Family/Teen Team Building Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-798-4800; Hours 0730-1600 M-F;

<http://www.fortcampbellmwr.com/acs/aftb/index.html>

Support & Education Services: AFTB offers personal and professional development classes free of charge to any person associated with the military. Soldiers E5 and below can earn up to 4 promotion points for taking 40 hours of training through AFTB. Classes offered monthly and Unit briefs and classes for FRGs are available upon request.

ACS Army Family Action Plan (AFAP); 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-798-2063; Hours 0730-1600 M-F; <http://www.fortcampbellmwr.com/acs/afap>

Services: this is annual conference designed to improve the overall quality of life and well-being for all Family members of the Total Army Family. Issues from the conference are sent to DA for consideration.

ACS Family Resource Center (FRC); 1501 William C. Lee Road, Fort Campbell, KY; Phone: 270-956-2935; Family Assistance Call Line: 866-252-9391; Hours 0730-1630 M-F;

<http://www.fortcampbellmwr.com/acs/frc/index.html>

Support Services: The Family Assistance Call Line provides Family related information to ensure Family members are informed during major deployments. The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, video conference rooms and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs.

ACS Relocation Assistance Program; 6733 Air Assault Street; Fort Campbell, KY; Phone 270-956-2676/6313/0513; Hours: 0730-1630 M-F www.fortcampbellmwr.com/acs/relocation
Support Services: “Plan my move” is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training.

ACS Information & Referral; 5661 Screaming Eagle BLVD; Fort Campbell, KY; Phone (270) 798-9322; Hours 0730-1630 Mon-Fri

Support Services: One-stop information center on programs and services located in the Fort Campbell, Clarksville/Hopkinsville, Oak Grove and Cadiz communities.

Not Alone; P.O. Box 92371 Nashville, TN 37209; Phone: 1-888-497-0379;
info@notalone.com; <http://notalone.com>

Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services; Phone: 1-800-342-9647;
<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.



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Food Stamps/Food Assistance

Definition: Support services for those in need of food stamps/food assistance

1. **Department of Community Based Services/Food Stamp Kentucky;** 644 North Drive, Hopkinsville KY; Phone: 270-889-6512; Hours 0800-1630 Mon-Fri
2. **Department of Human Services/Food Stamp Tennessee;** 350 Pageant Lane Clarksville TN; Phone: 931-648-5500; Hours 0800-1630 Mon-Fri
3. **Mc Neal Crisis Relief Center;** 604 E 2nd Street, Hopkinsville, KY; Phone: 270-886-9734; Hours 0900-1430 Mon-Fri

4. **Salvation Army Corps Community Center Shelter**; 304 E 7th Street, Hopkinsville, KY; Phone: 270-885-9633/6006; Hours 24/7
5. **Southside Church of Christ**; 529 Country Club Lane, Hopkinsville, KY; Phone: 270-885-8392; Hours 0800-1630 Mon-Fri
6. **Urban Ministries United Methodist**; 217 Madison Street, Clarksville TN; Phone: 931-648-9090; 24 hour domestic violence shelter
7. **Salvation Army Corps Community Center**; 210 Kraft Street, Clarksville, TN; Phone: 931-552-5350/553-8494; Hours 0600-1800 Mon-Fri
8. **First Assembly of God**; 1186 Ft. Campbell Blvd; Clarksville TN; Phone: 931-648-1324
9. **Community Action Agency**; 350 Pageant Lane, Clarksville TN; Phone: 931-648-5774; hours 0800-1600 Mon-Fri



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Financial Issues

Definition: A risk factor related to the family's inability to provide sufficient financial resources to meet minimum needs;

<http://www.campbell.army.mil/services/crisis/Pages/FinancialIssues.aspx>

ACS Army Emergency Relief (AER); 5662 Screaming Eagle Blvd.; Fort Campbell, KY 42223; Phone: 270-798-5518; Hours 0800-1630; <http://www.fortcampbellmwr.com/>

Support Services: Financial Assistance for Active Duty, Family members and retirees. Assistance will be provided as a non interest bearing loan, a grant or a combination of both. Types of emergencies covered include non-receipt of or loss of funds; medical, dental and hospital expenses; funeral expenses for immediate Family members; travel expenses related to emergencies; rent, food, utilities, vehicle insurance and unexpected vehicle repair.

ACS Financial Planning Office; 5662 Screaming Eagle Blvd; Fort Campbell, KY 42223; Phone: 270-798-5518; <http://www.fortcampbellmwr.com/>

Support Services: Provides classes and briefings on a variety of financial subjects and individual financial counseling.

Military Family Life Counselors (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thurs/0800-1600 Fri

Support Services: Financial MFLCs on the installation are available to give individual financial counseling and provide financial/budgeting classes to Soldiers at the request of the Unit.

ACS Consumer Affairs Office; 5662 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-5528; Hours 0800-1630; <http://www.fortcampbellmwr.com/>

Support Services: CAO provides one-stop services for prevention assistance such as pre-purchase advise on large purchases and vehicles, reviews contracts and leases, acts as a Consumer Advocate, educates consumers on rights and obligations, how to buy a house, and educational classes on consumer issues.

ACS Lending Closet; 6733 Air Assault Street; Fort Campbell, KY; Phone: 270-798-6313/0513/956-2676; Hours 0730-1630; www.fortcampbellmwr.com/acs/relocation"

Support Services: Items such as pots and pans, dishes, irons, car seats, baby cribs, sleeping mats, high chairs, tables and chairs, and electric appliances are available for temporary loan for 30 days. Services are provided for transitioning active duty and Family members but need a copy of PCS orders and military ID.

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Health Related Issues/Injuries

Definition: Includes all injuries that require medical attention and result in one or more duty days lost. Also includes Health Services Resources that are available.

<http://www.campbell.amedd.army.mil/>

Tricare Information: <http://www.tricare.mil/>

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8400/8388/8410; Appointments: 931-431-4677; TRICARE 877-874-2273 Info Services; Admissions & Dispositions 270-798-8287/8289.

<http://www.campbell.amedd.army.mil/>

Primary Intervention/Prevention/Education Support Services: A state of the art medical facility providing full services in Healthcare and Well-being. Departments/Clinics are listed with phone numbers:

1. Allergy-Immunology Services: 270-798-8255
2. Asthma Education Center: 270-956-0141
3. Braces Shop: 270-798-8101
4. Dermatology Services: 270-798-8345
5. ENT Clinic – Otolaryngology Services: 270-798-8131
6. Emergency Center: 270-798-8000
7. Environmental Health Services: 270-798-8695/8719
8. Gastroenterology: 270-956-0259
9. General Surgery: 270-798-8407
10. Head & Neck Surgery Services, ENT: 270-798-8131
11. Immunization Clinic: 270-798-8400 ext 5388
12. Industrial Hygiene Section: 6903 Desert Storm Ave; Fort Campbell, KY 270-798-8693/8695
13. Infection Prevention & Control Program: 270-798-8309 pager 270-870-0111
14. Labor, Delivery & Recovery: 270-798-8219
15. Laboratory/Department of Pathology: 270-798-8114
16. Lactation Services: 270-956-0210
17. Medical Records Section: 270-798-8290
18. Medical Evaluation Board: 270-798-8265
19. Mother and Baby Unit: 270-798-8090
20. Neurology: 270-798-8880
21. OB/GYN Clinic: 270-798-8151
22. Occupational Health Clinic: 270-956-0202
23. Occupational Therapy: 270-798-8085
24. Ophthalmology Clinic: 270-798-8900
25. Oral/Maxillofacial Surgery: 270-798-8240

26. Orthopedic Clinic: 270-798-8426/8375
27. Patient Representative/Advocacy: 270-8091/8718
28. Patient Tracking & Sir Evacuations: 270-956-0328
29. Pharmacy: 270-798-8075/8076
30. Physical Medicine & Rehabilitation (Pain) Clinic; 270-798-8166
31. Self Care Classes: 270-956-0100
32. Town Center Pharmacy: 270-956-0191
33. Podiatry Clinic: Appt Line 270-798-8375/8426/8325/Surgery Scheduling 270-798-8621
34. Primary Clinics: Blue/Gold/Young Eagle Clinics--270-798-4677/431-4677
35. Radiology: 270-798-8333
36. Respiratory Protect Program: 270-956-0110/0113
37. Same Day Surgery: 270-798-8143
38. School/Sports Physicals: 270-798-4677/431-4677
39. Travel Medicine Clinic: 270-956-0202
40. Tuberculosis Screening Clinic: 2506 24th Avenue and Indiana; 270-956-0100
41. Urology Clinic: 270-798-8403
42. Warfighter Refractive Eye Surgery Center: 270-956-0775
43. Warrior Care Clinic; Carentan Clinic: 270-798-8586/956-0774

Soldier Health Services Headquarters; Phone: 270-412-8700; Location: LaPointe Health Clinic, Bldg 5979, Desert Storm Avenue; Hours of Operation: Monday-Friday, 0630-1530 (Active Duty). Appointments can be made by calling their unit's clinic listed below.

A Shau Valley Clinic; Phone: 270-412-3535/3541; Hours: Monday-Friday, 0630-1530; Provides primary care services to active-duty Soldiers of 2nd and 3rd BCTs.

Bastogne Clinic; Phone: 270-412-0091/0092; Hours: Monday-Friday, 0630-1530
Provides primary care services to active-duty Soldiers of 1st and 4th BCTs.

Carentan Clinic; Phone: 270-412-3745; Location: 5977 Desert Storm Ave; Hours: Monday-Friday, 0630-1530
Provides primary care services to active-duty Soldiers of 101 Sustainment Brigade, HHB, 101st (Div), NCOA, Garrison units, 86 CSH, Military Police Battalions, EOD, 20th Replacement, Warrior Transition Battalion Cadre, 102nd Quartermaster, 326 ENG Brigade, 106th Transportation, 101st Finance, Recruiting Units (all branches of service), and National Guard and Army Reserve Soldiers.

Aviation Health Clinic; Phone: Main Clinic Line: (270) 412-8688; Physical Appointments Line: (270) 412-8387; Location: 7149 Blacksheep Run; Hours: Monday-Friday, 0630-1530
Provides primary care services to active-duty Soldiers of the 101st CAB, 159th CAB, 19th ASOS and civilian ATC.

Audiology Clinic; Phone: 270-956-0305; Location: Collocated with LaPointe Hearing Conservation Clinic; Hours: Monday-Friday, 0630-1530
LaPointe Audiology Clinic is collocated with the Hearing Conservation clinic and provides care for active-duty Soldiers and civilian employees enrolled in the hearing conservation program. Appointments in this clinic are by referral only from LaPointe Hearing Conservation Clinic. Patients should always bring medical records to Audiology appointments. Scope of services:

Comprehensive hearing evaluations, hearing aid fittings, hearing aid repair, ear mold fabrication for custom fit hearing protection devices, and health education.

Hearing Conservation Clinic; Phone: 270-956-0305; Walk-In Hours: Monday-Friday, 0630-0845; SRP Walk-In Hours: Monday-Friday, 1000-1030

LaPointe Hearing Conservation Clinic provides care for active-duty Soldiers and civilian employees enrolled in the Hearing Conservation Program. Medical records are preferred, but are not mandatory. Unit hearing readiness testing must be scheduled in advance by the unit ESO, hearing conservation representative or other unit representative. Hearing readiness tests are not provided on a walk-in basis due to the high volume required. Scope of services: Walk-in hearing screening exams for physicals, SRP requirements, hearing protection device fitting, hearing conservation classes, and health education.

Chiropractic Clinic; Phone: 270- 956-0250; Location: LaPointe Carentan Clinic; Hours: Monday-Friday, 0630-1530, by appointment only

Provides chiropractic care services to active-duty Soldiers only. Patients must contact the Chiropractic Clinic appointment desk for either initial or follow-up appointments. Initial appointment requires a specialty consult from a referring provider. Chiropractic care consists of conservative non-pharmacological, non-surgical management and treatment of neuromusculoskeletal conditions by manual techniques to the osseous and related soft tissues (neuro-musculo-skeletal). Treatment additionally may consist of physiologic therapeutics, structural supports, corrective devices, advice on exercise, preventive care, nutritional support and home care for patient wellness.

Laboratory; Phone: 270-956-0309; Hours: Monday-Friday, 0630-1515

There are a few tests that require preparation before you are seen for your blood work, such as fasting 12-15 hours before glucose or cholesterol test. Your provider will explain exactly what is needed at the time the tests are ordered. All results will be released to the healthcare provider who ordered the tests. You may contact your clinic or your provider to receive your results.

Optometry Clinic; Phone: 270- 956-0304; Hours: Monday-Friday, 0630-1130 and 1230-1530

LaPointe's Optometry Clinic provides care for active-duty Soldiers. Call 270-956-0304 for an appointment or for walk-in care for acute eye injuries, eye infections, eye problems of sudden onset, filling out the eye portion of physicals and driver's license forms. Patients should always bring their medical records and all glasses to each and every visit to the eye clinic. Contact lenses should not be worn for at least two hours prior to any full eye exam. Active duty who wear glasses are required to have two pair of clear glasses and one pair of inserts in good condition at all times. One of the pairs of glasses can be civilian glasses. Scope of services: Eye exams for glasses, evaluation and treatment of eye injuries and infections, the eye portion of physicals, filling out of driver's license forms, and ordering of military glasses and inserts. Visual fields, ocular photos, and corneal topography are available but only with an optometrist's approval. Industrial safety glasses can be ordered with appropriate funding documents. Walk-in ordering of glasses/inserts is available for any duty week day except Thursdays from 0900-1100 and 1300-1500. Medical records are required. Any glasses prescription less than two years old that still provides good vision can be duplicated.

Nutrition Clinic; Phone: 270-956-0134; Location: LaPointe Health Clinic; Hours: Monday-Friday, 0730-1600; Provides primary care services to active-duty Soldiers only.

Scope of services: Nutrition counseling and classes for weight loss and weight gain, high cholesterol, high blood pressure, sports nutrition, eating disorders, and other nutrition-related illnesses. All soldiers with Diabetes must be seen at the BACH Nutrition Clinic. Active Duty Weight Control Classes are offered two or more times per month, and may be scheduled by calling (270) 956-0314.

Pharmacy; Phone: 270-956-0313; Hours: Monday-Friday 0700-1830

The Pharmacy provides pharmaceutical care to active-duty Soldiers. Any formulary medication not stocked at the LaPointe Pharmacy can still be obtained at BACH Pharmacy. Refilled medications should be called-in by dialing 798-3784 and picked-up at the Town Hall Pharmacy located at the PXtra Mall across from the Post Office on Michigan Ave. Curtailed pharmacy service occurs during DONSAS. BACH Pharmacy is still available for pharmaceutical care if needed.

Physical Examination/Central Medical Processing Station; Phone: 270-956-0307/270-798-8704; Hours: Monday-Friday, 0630-1530; CMPS Clearing Hours: Monday-Friday, 0900-1115 and 1230-1500; Readiness Immunizations Walk-In Hours: Monday-Friday, 0900-1115 and 1230-1500 (Readiness shots only); Physical Exam/CMPS will be closed from 1430-1530 on the first Monday of every month for clinic meeting.

Physical Exams' section provides: Over-40, Separation, Chapters, Expiration Term of Service, Retirement, Airborne, Ranger, Special Forces, Commissioning, DODMERB, Drill Sergeant, VA Retirement and ETS, General Officer and Green to Gold Physicals for active duty military. Call for clarification and appointment types and times. ETS Physicals must be completed no earlier than four months and no later than one month prior to ETS date. For all VA Physicals coordinate scheduling through the VA Representatives at the ACS Building at 270-798-0267/0269. The new annual Physical Health Assessment, replacing the old periodic exams, is scheduled in your primary care clinics. Involuntary Separations (Chapters) now only require a Separation Health Assessment except for Chapters 13, 14-12 and 15 which still require full exams. All soldiers out processing need to come in at least three days prior to their final out date to allow for PPD placement and PPD reads.

Physical Therapy; Phone: 270-956-0306; Hours: MTWF 0630-1130 & 1230-1530, TH 0630-1130

Physical Therapy focuses on treating patients who have musculoskeletal pain, injuries and/or diseases. After receiving a referral from a healthcare physician or PS, call or walk-in to the clinic to schedule an appointment. The clinic offers two self or healthcare provider referral education classes for patients with non-traumatic/chronic back or knee pain. Back Class and Knee Class, call (270) 956-0306 or (270) 798-8102 to schedule an appointment. The Physical Therapy staff educates and promotes health, fitness and injury prevention among interested portions of the population. Unit level classes offered include: Running Shoe Selection, Injury Prevention/Control, and Alternative Physical Training "Strengthening the Core." Unit representatives should call (270) 956-0306 or (270) 798-8102 to schedule.

Primary Care Clinics;

Gold Clinic; BACH “C” Building, 3rd floor; Phone: 270-898-8227; Hours 0730-1630 Mon-Fri; closed every first and third Wednesday from 0730-0830

Services for Treatment; Internal medicine based clinic that provides care to those over 18 years of age enrolled in TRICARE Prime. Services include diagnosis and management of acute and chronic illnesses, cardiology, diabetes, hematology, infectious diseases, hypertension, and management of Coumadin patients.

Blue Clinic; BACH “C” Building, 2nd floor, Phone: 270-798-8706; Hours 0730-1830 Mon-Fri; closed every first and third Tuesday from 0730-0830 for clinic meeting

Services for Treatment, Prevention, and Intervention; Family practice based clinic which provides care to Active-duty Soldiers, Retirees, and Family members enrolled in TRICARE Prime. Medical care for all ages includes health maintenance, prenatal care, postpartum care, diagnosis and management of acute and chronic illnesses.

Young Eagle Clinic; BACH “C” Building, 2nd floor; Phone: 270-798-8258; Hours 0730-1830 Mon-Fri, closed every second and fourth Thursday from 0730-0830 for clinic meeting

Services for Treatment, Prevention, and Intervention; Pediatric clinic that provides the full spectrum of pediatric care to Family members of Active-duty Soldiers and Retirees that are 17 years of age and younger. Primary out-patient care includes well-baby exams, school and sports physicals, diagnosis and management of acute and chronic illnesses and developmental or behavioral problems.

Radiology; Phone: 270-956-0308; Hours: Monday-Friday, 0630-1530

LaPointe Radiology services active-duty patients for radiographs. The following procedures: Fluoroscopy, CT, MRI, and Ultrasound can be scheduled by having the patient come to the Radiology Section at LaPointe Health Clinic.

Reception and Medical Records; Phone: 270- 956-0318; Hours: Normal Hours: 0630-1530; In/Out-Processing: 0900-1115 and 1230-1500 (orders, clearing papers)

Tobacco Cessation Program; 2506 24th and Indiana Avenue 2nd floor; Phone: 270-956-0100; Hours 0730-1630 Mon-Fri

Intervention, Treatment, Education, and Support Services; Individuals receive individuals and group education, strategies to work through the quit process such as goal setting, behavior modification, social support networking and the use of free on-line resources.



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Housing Issues

On-Post Housing

Definition: The Military Personnel Occupancy Agreement (MPOA) and the Resident Guide outlines the responsibilities for qualified Military Families to reside at Campbell Crossing. There are situations as outlined in the Resident Guide which describes specific requirements/living expectations for each Resident. If the living standards are not being met Residents can receive varying notifications, dependant on offense. These are listed as either **Minor Violations** or **Major Violations**. Minor Violations may be in the form of verbal warnings, courtesy letters, Letter of Warning, and after repeated offenses can be grounds for a 30 day notice to vacate (non-

renewal of lease). Major Violations are more serious in nature and the Soldiers Chain of Command is notified of the offense. One Major Violation could result in a 30 day notice to vacate. <http://www.campbell.army.mil/campbell/directorates/DPW/FCHS/Pages/FCHS.aspx>

Fort Campbell Crossing Welcome Center; 850 Georgia Ave & 16th Street; Phone: 931-431-9003

Services: Campbell Crossing has a responsibility for not only the Resident living in the home, but also to all the Residents in the Community. We work hard to ensure the neighborhoods are a pleasant experience for all to enjoy. Whenever a 30 day notice to vacate occurs every opportunity is given for the Soldier and Family to change and continue living in housing, and thus, with a plan, the 30 day notice can be rescinded. It is a joint effort between the Family, the Soldiers Unit, and Campbell Crossing to ensure the living standards are maintained and that everyone has the opportunity to live and raise their family in an environment conducive to healthy living.

Army Lodging; Richardson Army Lodging (TDY Lodging); 1581 Spillway Court; Fort Campbell KY 42223, Phone: 931-431-4496; ***Turner Army Lodging;*** 82 Texas Avenue, Fort Campbell KY 42223; Phone: 270-439-2229; Hours 24/7; www.fortcampbellmwr.com/lodging

Support Services: Turner Army Lodging provides room accommodations. First priority occupancy is for incoming/outgoing PCS, TDY personnel and dependent Family members. E-4 and below with PCS orders without dependents must stay at 20th Replacements. Lodging is operational 24 hours a day, 7 days a week. Pets are not allowed except in designated pet rooms.

Single Soldier Housing; First Sergeant's Barracks Program (FSBP) Initiative; 6923 Desert Storm & 38th Street, Fort Campbell KY 42223; Phone: 931-431-2330; hours 0730-1600 Mon-Fri

Support Services: Only single Soldiers E1-5 without dependents are authorized barracks space on Fort Campbell. Most barracks spaces will house 2 Soldiers and usually no choice is given. The rooms are furnished. Soldiers geographically separated from their Families are not authorized to live in the FSBP. Single Soldiers E-6 and above without dependents are required to live off-post.

Off-Post Housing

(Landlord /Tenant Disputes, Lease Issues, Inspections)

Fort Campbell Housing Services Office (HSO); 850 Georgia Avenue, Ft. Campbell, KY; Phone: 270-798-3808; Hours of Operation: Monday thru Friday 0730-1600

Support Services: The HSO provides a full spectrum of housing services for those Soldiers and Family Members who reside in the local off base housing communities. Whether the Soldier need assistance in locating suitable and adequate housing or assistance with resolving landlord issues, the HSO offers a staff of highly trained and experienced inspectors and counselors to assist. The HSO provides computerized short and long term rental listings, assist with move in and move out inspections upon request, tenant/landlord dispute mediation assistance, Landlord partnerships through the Rental Partnership Program, as well as transportation services for home-finding purposes.



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Isolation/Loneliness/Support Groups

Definition: Soldiers and Family members can experience loneliness or isolation for many reasons as many life events are associated with it. The lack of friendships, the physical absence of meaningful relationships, divorce or marriage, loss of a significant person, the birth of a child, or any socially disruptive event can lead to loneliness and/or isolation. The risks could lead to depression, alcohol or chemical abuse, or even suicide. Known support groups are also included as part of the resources available to help combat loneliness.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital number - 270-798-8400; <http://www.campbell.amedd.army.mil/>

Intervention Services: This department includes Adult Behavioral Health, Child and Adolescent Psychiatry Service, Community Counseling Center, and Division Mental Health Service.

Point of Contact Main Desk: (270)798-4269 / 4097; Hours: 7:30 - 4:00 p.m.

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-3316; Hours of Operation: 0900-1700 Mon-Fri

Intervention & Prevention Services: The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Counselors (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

Support Services: MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information. MFLCs work directly with Army Community Service (ACS) to provide non-medical, short term, situational, problem solving counseling services. The MFLC program addresses concerns and issues facing people who are having trouble coping with everyday issues, as well as challenges with the military lifestyle. This program helps Soldiers and their Families cope with normal reactions to the stressful events created by deployments, war, and reintegration. The MFLC services are confidential, free of charge, and are offered by walk-in or appointment.

Better Opportunities for Single Soldiers (BOSS); DW Recreation Center; 6145 at 38th and Desert Storm Avenue; Fort Campbell; Phone: 270-798-7858/7391; Operation hours – 1130-2200 Mon-Fri/1300-2200 Sat-Sun.

Support Services: Home to the BOSS Program, DW Recreation is a home away from home for Soldiers with indoor recreational activities, music rooms, game room, auditorium, and TV areas. The BOSS Program supports the overall quality of a single soldier's life according to DA Circular 608-01-1 and also includes the unaccompanied soldier. BOSS provides leisure and recreation; community service opportunities; and single soldier well being; and encourages and assists soldiers in identifying and planning recreational and leisure activities.

ACS Outreach Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-0609/0263; Hours MTWF 0730-1630 and TH 0930-1630; <http://www.fortcampbellmwr.com/>

Support Services: ACS Outreach Program is an essential link between military and civilian agencies that connects Soldier and Family members to occurring events, ACS programs, support groups, and information and referral services throughout the communities. Information on such support groups includes Families in Waiting; International Spouses; Gold Star Wives Support Groups.

Not Alone; P.O. Box 92371 Nashville, TN 37209; Phone: 1-888-497-0379;
info@notalone.com; <http://notalone.com>

Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services; Phone: 1-800-342-9647;
<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Military OneSource offers three kinds of short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.



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Legal Assistance

Definition: Provide legal assistance to Soldiers and their Families in areas of: Personal Civil Disputes, Real Property Issues, Contracts Purchase/Sale of Home, Leases Advice on Mortgage Foreclosure, Auto Warranties, Lemon Law, Insurance, Bankruptcy, Adoption, Adult Name Change, Garnishment Orders, Involuntary Allotments, Dependent Support Insurance Claims, Child Custody, and Advise on Separation/Divorce (we will not draw up the paperwork for a divorce or legal separation). **Limitations on Services:** *the office does not provide assistance in the following areas:* Military Justice Matters, Private Business Activities of the Client, Litigation/Claims for or against the U.S., Employment Matters, Providing an agency position on any standard of conduct issue.

Office of the Staff Judge Advocate; Building 125 Forrest Road, Fort Campbell, KY (Across from Starbucks at Gate 5); Phone: 270-798-0918; Hours MTW 0900-1630, TH 1300-1630, F 0900-1500; <http://www.campbell.army.mil/campbell/SJA/Pages/Legal.aspx>
Services: Notary services, powers of attorney, and immigration services are seen on a walk-in basis. Emergencies will be seen at the discretion of the Chief, Legal Assistance. Maintaining

your privacy is our first priority! When you make an appointment, you will be asked about the general nature of your legal issue. If you are uncomfortable doing so, or if you need to describe your situation in greater detail, please ask to see an attorney. When you come to your appointment, please bring any documentation you may have pertaining to your case.

Medical Evaluation Board Counsel; Building 125 Forrest Road, Fort Campbell, KY (Across from Starbucks at Gate 5); Phone: 270-412-3272; Hours WTWF 0900-1630, TH 1300-1630; <http://www.campbell.army.mil/campbell/SJA/Pages/MEB.aspx>
Providing specialized legal services for wounded, ill and injured Warriors. We provide assistance to any Soldier going through the medical evaluation process, to include those assigned to the Warrior Transition Battalion (WTB), Division units, tenant units, Reserve, National Guard, those on the temporary disability retired list (TDRL), and other branches of the Armed Forces. We advocate for the Soldier from the beginning of medical processing through the informal phases of the Physical Evaluation Board (PEB). We also provide limited Legal Assistance services to our clients.



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Mental Health/Depression

Definition: Mental Health is the psychological state of someone who is functioning at a satisfactory level of emotional and behavioral adjustment. Depression is a mental state characterized by a pessimistic sense of inadequacy and a despondent lack of activity
Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8400; Hours 0730-1600; <http://www.campbell.amedd.army.mil/>
Intervention Services: Services to help with intervention include Adult Behavioral Health - (270) 798-4097/4269, Child, Adolescent Psychiatry Service – 270-798-8437, ASAP – 270- 412-6883

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon—Thurs/0800-1600 Fri
Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Not Alone; P.O. Box 92371 Nashville, TN 37209; Phone: 1-888-497-0379; info@notalone.com; <http://notalone.com>
Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In

addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services; Phone: 1-800-342-9647;

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Military OneSource offers three kinds of short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Post Traumatic Stress Disorder/Traumatic Brain Injury

Definition: PTSD is a mental disorder that can develop following the experience or witnessing of life-threatening events such as combat. The onset of PTSD in Soldiers is expectable during times of conflict, although the majority of combat veterans don't develop it. Mild Traumatic Brain Injuries are the same as a concussion. The Warrior Resiliency and Recovery Center tests Soldiers who have been referred to the TBI clinic to help diagnose and treat mild TBI. Whether in combat or a non-combat environment—seeking prompt medical care for a brain injury is an act of strength and courage and key to recovery. The majority of personnel who sustain a concussion can expect a full recovery with no lasting mental or physical effects.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

BACH Adult Behavioral Health Center: 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-4097/4269; <http://www.campbell.amedd.army.mil/>

Primary Care Services: Located in "C" Building of Blanchfield Army Community Hospital, ABH provides comprehensive mental health treatment including medication and therapeutic intervention.

Warrior Resiliency Recovery Center/Traumatic Brain Injury Clinic; Phone: (270) 412-5114/6115; Location: Bldg. 2524, 22nd and Indiana Ave/TBI Clinic Bldg. 2543 23rd and Indiana Ave. Hours of Operation: Monday-Wednesday, Friday, 0730-1630 (by appointment only); ANAM Testing: Bldg 2540, 23rd and Indiana Ave. Hours of Operation: Monday-Friday 0730-1630; <http://www.campbell.amedd.army.mil/>

Treatment Services: The Warrior Resiliency Recovery Center and Traumatic Brain Injury Clinic provides intensive TBI therapy, and it is important for patients to attend all appointments for the best results. Providers see patients on a referral basis only.

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Schools

Definition: Area Schools for Youths and Adults both on and off post.

<http://www.am.dodea.edu/campbell/Index.htm>

Fort Campbell School Liaison; 5668 Screaming Eagle Blvd; Fort Campbell, KY; Phone 270-798-9874/931-216-7990; Hours 0800-1700;

<http://www.facebook.com/home.php#!/pages/Fort-Campbell-School-Support-Services/293299870231>

Services: Assists parents with information and advocates on behalf of the student both on and off post schools. Provides support related to various issues for grades K-12. College scholarship opportunities, along with home school information, area private schools, and overall support.

Fort Campbell DDESS (on-post) Central Office & Superintendent; 77 Texas Avenue; Fort Campbell, KY; Phone: 270-439-1927; www.am.dodea.edu/campbell

Services: Fort Campbell Schools serve students residing on post. Schools include 1 high school, 2 middle schools, and 5 elementary schools located directly on Fort Campbell. Pre-school programs are voluntary and available in each elementary schools and kindergarten is a full day program.

Clarksville-Montgomery County Schools; 621 Gracey Avenue; Clarksville, TN 37040; Phone: 931-648-5600; www.cmcss.net.

Services: The Clarksville Montgomery County School System consists of 21 elementary schools, 8 middle schools and 8 high schools for students residing in Clarksville, TN. Kindergarten is a full day program.

Christian County Public School System; 200 Glass Avenue, Hopkinsville, KY 42241; Phone: 270-887-1300/Information Call Center 270-887-7000; www.christian.k12.ky.us.

Services: The Christian County Public School System consists of 16 schools and four alternative learning centers in Christian County/Hopkinsville, KY.

SSG Glenn H. English JR Army Education Center (AEC); 202 Bastogne Avenue; Fort Campbell, KY; Phone: 270-798-3201;

<http://www.campbell.army.mil/services/Education/Pages/Education.aspx>

Support Services: The mission of the AEC is to provide education counseling services to Soldiers in a variety of programs such as counseling, testing, and professional development opportunities such as college and university courses/degree programs. On-duty performance enhancement programs, such as computer classes and Basic Skills Education Program are also available. Some programs are available for Spouses. Phone numbers for each department are listed below:

1. Counseling Services – 270-798-5886/6978
2. Testing Services – 270-798-3402
3. National Testing Center – 270-707-3970
4. Learning Resource Center: 270-798-2918
5. Basic Skills Education Program: 270-798-1612

6. College Programs: Austin Peay State University: 931-221-1400; Embry Riddle Aeronautical University 270-798-2775; Hopkinsville Community College 270-707-3950; Murray State University 270-798-266
7. Financial Aid Information & Grants and Scholarship Programs: 931-221-7481



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Sexual Assault/Rape

Definition: Sexual assault takes many forms including attacks such as rape or attempted rape, as well as any unwanted sexual contact or threats. Usually a sexual assault occurs when someone touches any part of another person's body in a sexual way, even through clothes, without that person's consent. Some types of sexual acts which fall under the category of sexual assault include forced sexual intercourse (rape), sodomy (oral or anal sexual acts), child molestation, incest, fondling and attempted rape. Sexual assault in any form is often a devastating crime. Assaultants can be strangers, acquaintances, friends, or family members. Assaultants commit sexual assault by way of violence, threats, coercion, manipulation, pressure or tricks.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Installation Provost Marshal Office U.S. Army MP; Building 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

Services: Reporting any and all suspected Sexual Assault/Rape violations.

Blanchfield Army Community Hospital Rape Crisis Counseling; Phone: 931-647-3632(Rape & Sexual Abuse Center); Crisis Hotline: 1-800-879-1999; After hours 270-798-8400; 650 Joel Drive; Fort Campbell, KY 42223; <http://www.campbell.amedd.army.mil/>

Intervention & Treatment Services: BACH Emergency Center: BACH "B" Building 2nd Floor; 24 hours a day, 7 days per week The EC is a state of the art facility designed and staffed to provide emergency care in times of crisis. Services include but not limited to mass casualty, trauma, critical care and suicide ideations/gestures/attempts.

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Road; Fort Campbell KY 42223; Phone: 270-412-5500; <http://www.fortcampbellmwr.com/>

Education and Prevention Services: FAP provides briefings to Battalion and unit commanders regarding the problems of family violence and the programs available for assistance. FAP also provides the following classes and group sessions for Families: Anger Management Group, Stress Management Group, Women's Support Groups, Couples Communication, Spouse Abuse Prevention Conflict Resolution, Victim Advocacy and transition compensation for abuse Family members.

ACS Victim Advocacy Program: 1501 William C. Lee Road; Fort Campbell, KY; Phone 270-956-3737/412-5500; Hours 0730- 1630; <http://www.fortcampbellmwr.com/>

Support Services: A victim advocate is available to offer support and information to victims of domestic violence and sexual assault regarding their safety and resources in the community. VA coordinators are available 24/7 and can provide assistance in emergency services, shelters, relocation, information on Protection orders, advocating for clients w/agencies on and off post,

help in locating financial resources, communication w/command, information on reporting options, referrals for therapy and support groups, and follow-up services.

ACS Sexual Assault Prevention and Response Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-412-5500; after hours 270-498-4319; Hours 0730-1630;

<http://www.fortcampbellmwr.com/>

Prevention & Intervention Services: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community. Services are available whether a victim decides to report the incident to law enforcement or not. SARP provides 24/7 advocacy services in the full scope of Victim Advocacy.

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Sexually Transmitted Diseases

Definition: Sexually Transmitted Diseases reported by personnel including Gonorrhea, venereal warts, syphilis, herpes, Chlamydia, etc.. HIV is not included in this definition.

Preventive Medicine Services; 2506 24th and Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-956-0114; <http://www.campbell.amedd.army.mil/>

Primary Prevention and Education Services: Offers a variety of public health related services to include civilian Employee Health Clinic, environmental Health Section, Industrial Hygiene Section, Infection Control Program, Occupational Health Clinic, Public Health Nursing, and Respiratory Protection Program, Tobacco Use cessation Program, Travel Medicine Clinic, and Tuberculosis Screening Clinic.

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Social/Recreation Resources

Definition: Social is the method of living together or enjoying life in communities or organized groups while recreation is the refreshment in body or mind, as after work, by some form of play, amusement, or relaxation

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Better Opportunities for Single Soldiers; Dale Wayrynen Recreation Center; 6145 at 38th and Desert Storm Avenue; Fort Campbell; Phone: 270-798-7858/7391; Operation hours – 1130-2200 Mon-Fri/1300-2200 Sat-Sun.

Support Services: Home to the BOSS Program, DW Recreation is a home away from home for Soldiers with indoor recreational activities, music rooms, game room, auditorium, and TV areas. The BOSS Program supports the overall quality of a single soldier's life according to DA Circular 608-01-1 and also includes the unaccompanied soldier. BOSS provides leisure and recreation; community service opportunities; and single soldier well being; and encourages and assists soldiers in identifying and planning recreational and leisure activities.

ACS Family Resource Center (FRC); 1501 William C. Lee Road, Fort Campbell, KY;
Phone: 270-956-2935; Family Assistance Call Line: 866-252-9391; Hours 0730-1630 M-F;
<http://www.fortcampbellmwr.com/>

Support Services: The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs.

Fort Campbell Outdoor Recreation; 6645 101st Airborne Division Road; Fort Campbell, KY; Phone: 270-798-2175; <http://www.fortcampbellmwr.com/>

Support Services: Outdoor Recreation on post offers a wide variety of activities including Hunting and Fishing Programs; Adventure Programs; Archery and Skeet Ranges; Paintball; Camping; and Riding Stables. These activities are available to ID Card members individually or group rates are available. Also includes Swimming pools both indoor and outdoor; Golf Course; Bowling; Gear to Go outdoor equipment rentals.

MWR Special Events; 5663 Screaming Eagle Blvd; Fort Campbell, KY 42223; Phone: 270-798-7535; <http://www.fortcampbellmwr.com/>

Support Services: Fort Campbell MWR plays host to several social events throughout the year, such as the Independence Day Celebration; Concerts; Family Fun Day Activities and a host of seasonal fairs all year long.

MWR Sports and Fitness; 5666 Wickham Ave; Fort Campbell, KY 42223; Phone: 270-956-1006; <http://www.fortcampbellmwr.com/>

Services: The Sports and Fitness office operates and maintains over 18 recreational facilities here at Fort Campbell including 6 physical fitness centers, numerous athletic fields and complexes, 5+ parks, Fryar Stadium, and the Wilson Theater. In addition to the operation of these facilities, the Sports Office also coordinates intramural athletics, Sporting Events, and tournaments. The Intramural Sports Program offers Active Military the opportunity to enhance individual morale and unite esprit de corps, through individual and team competition. Intramural sports include softball, golf, bowling, soccer, flag football, tennis, volleyball, basketball and power lifting.

Taylor Youth Services & Youth Sports; 80 Texas Avenue; Fort Campbell, KY 42223; Phone: 270-798-3643; Hours 0530-1900 Mon-Fri; <http://www.fortcampbellmwr.com/>

Services: Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities.



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Spiritual Resiliency/Faith Resources

Definition: A liberal definition of spiritual resiliency is the inner-life ability to respond to life's stressors, adversity or traumatic events and proceed in life without diminishment (chronic symptoms) to the soul (inner-life).

Religious Education Center; 3203 Indiana; Fort Campbell, KY; Phone: 270-798-3185; Hours 0900-1630 M-TH; <http://www.campbell.army.mil/campbell/chaplain>
Support Services: Catholic, Jewish, Muslim, Orthodox, Pagan and Protestant Religious Education Programs. Also includes Sacramental Preparation (Catholic); Baptism Classes; Adult Education programs; Summer Vacation Bible Schools; Volunteer Teacher Training

Emergency Crisis Hotline; Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell KY 42223; Phone: 270-798-2273; 24 hour hotline
Emergency Support Services: This number should be used for emergency calls only

Installation Chaplain Service; 3101 Indiana Avenue; Fort Campbell, KY; Phone: 270-798-6124 (Units may contact their Unit Ministry Chaplain for assistance);
<http://www.campbell.army.mil/campbell/chaplain>

Support & Educational Services: Chaplains provide a full spectrum of distinctive faith group worship, religious education, Youth Ministry, wide variety of counseling services and suicide prevention training. Also covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel. Also includes Youth Ministry & Outreach Programs; Chapel Sponsored Women's Programs, Sunday School Classes.

Chaplain Services Family Life Center; 2402 Indiana Avenue; Ft. Campbell, KY; Phone: 270-798-3316; Hours: M-F 0900-1600; <http://www.campbell.army.mil/campbell/chaplain>
Support Services: The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.



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Spouse Abuse/Domestic Violence

Definition: Substantiated cases of spouse abuse where the perpetrator is assigned to a unit/violence between couples.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

BACH Family Advocacy Program; Community Mental Health Services; 2523 22nd Street; Fort Campbell, KY 42223; Phone: During business hours 270-798-8601; After hours 270-798-8400; Prevention & Education 270-798-4191/2045; Victim Advocacy Services 270-412-5500; Emergencies: 911; <http://www.campbell.amedd.army.mil/>
Primary Care Treatment & Support Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for couples involved in family violence. Some of the treatment services available include: Anger Management Group, Stress Management Group, Marital Therapy, Active Duty Support Groups, Women's Support Groups, and Crèche "Cradle" AMAC Support Group (for women molested as a child).

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Road; Fort Campbell KY 42223; Phone: 270-412-5500; <http://www.fortcampbellmwr.com/>
Education and Prevention Services: FAP provides briefings to Battalion and unit commanders regarding the problems of Family violence and the programs available for assistance. FAP also provides the following classes and group sessions for Families: Anger Management Group, Stress Management Group, Women's Support Groups, Couples Communication, Spouse Abuse Prevention Conflict Resolution, Victim Advocacy and transition compensation for abuse Family members.

ACS Victim Advocacy Program: 1501 William C. Lee Road; Fort Campbell, KY; Phone 270-956-3737/412-5500; Hours 0730- 1630; <http://www.fortcampbellmwr.com/>
Support Services: A victim advocate is available to offer support and information to victims of domestic violence and sexual assault regarding their safety and resources in the community. VA coordinators are available 24/7 and can provide assistance in emergency services, shelters, relocation, information on Protection orders, advocating for clients w/agencies on and off post, help in locating financial resources, communication w/command, information on reporting options, referrals for therapy and support groups, and follow-up services.

ACS Sexual Assault Prevention and Response Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-412-5500 Hours 0730-1630; <http://www.fortcampbellmwr.com/>
Support Services: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community. Services are available whether a victim decides to report the incident to law enforcement or not. SARP provides 24/7 advocacy services in the full scope of Victim Advocacy.

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Suicidal Ideation, Gestures, And Suicide Attempts

Definition: Any thoughts or acts of self-injury.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital Number - 270-798-8400; <http://www.campbell.amedd.army.mil/>

Primary Treatment & Intervention Services: Emergency Center: BACH "B" Building 2nd Floor; 24 hours a day, 7 days per week The EC is a state of the art facility designed and staffed to provide emergency care in times of crisis. Services include but not limited to mass casualty, trauma, critical care and suicide ideations/gestures/attempts.

Prevention Services: Adult Behavioral Health; Social Work Services; Child and Adolescent Psychiatry Service, 2421 22nd Street; Community Counseling Center, and Division Mental Health Service. Point of Contact Main Desk: (270)798-4269 / 4097; Hours: 7:30 - 4:00 p.m.

Chaplain Services; 3101 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-6124 (Units may contact their Unit Ministry Chaplain for assistance);
<http://www.campbell.army.mil/campbell/chaplain>

Intervention & Prevention Services: Chaplains provide a full spectrum of counseling and suicide prevention training. Also covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon—Thurs/0800-1600 Fri

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

ASAP Suicide Prevention Program; 234 Bastogne Ave; Fort Campbell, KY 42223; Phone: 270-412-6825/0078

Prevention Services: The Suicide Prevention Program Manager is the proponent for Suicide Prevention Training for Soldiers, Family Members and Civilians.

Other Resources Include

1. National Suicide Prevention Hotline: 1-800-273-8255
2. DCoE Outreach Center: 1-866-966-1020
3. Military One Source: 1-800-342-9647
4. Fort Campbell 24/7 Crisis Line: 270-798-2273
5. Clarksville Crisis Center: 931-648-1000



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Teen Issues

Definition: Teens will have issues ranging from depression, anxiety, disciplinary problems, lack of interest, isolation, and school issues. The programs and services below can offer help to teens and parents to cope with everyday adolescent life crisis.

Blanchfield Army Community Hospital; Social Work Services/Family Advocacy Program (FAP); 650 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8601;

<http://www.campbell.amedd.army.mil/>

Intervention Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for families involved with child abuse. Some of the treatment services available include: Anger Management Group, Stress Management Group, Parenting Classes, and Child/Family Counseling.

Intervention Services for Children & Teens: **Child and Adolescent Psychiatry Service;** Location: 2437 21st Street and Indiana Avenue; Point of Contact: (270) 798-8437

ACS Army Family/Teen Team Building Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-798-4800; Hours 0730-1600 M-F;
<http://www.fortcampbellmwr.com/>

Support & Education Services: AFTB offers personal and professional development classes free of charge to any person associated with the military. Soldiers E5 and below can earn up to 4 promotion points for taking 40 hours of training through the AFTB. Classes offered monthly and Unit briefs and classes for FRGs are available upon request.

Taylor Youth Services & Youth Sports; 80 Texas Avenue; Fort Campbell, KY; Phone: 270-798-3643; Hours 0530-1900 M-F; <http://www.fortcampbellmwr.com/>

Services: Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities. Teen activities include Teen Forum; 24/7 Teen Club; Sports; Mentorship Programs; The EDGE Program.

Fort Campbell School Liaison; 5668 Screaming Eagle Blvd; Fort Campbell, KY; Phone 270-798-9874/931-216-7990; Hours 0800-1700;

<http://www.facebook.com/home.php#!/pages/Fort-Campbell-School-Support-Services/293299870231>

Services: Assists parents with information and advocates on behalf of the student both on and off post schools. Provides support related to various issues for grades K-12. College scholarship opportunities, along with home school information, area private schools, and overall support.



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Traffic Violations

Definition: Moving violations charged to individuals including speeding, failure to obey a traffic device, automobile accidents, and non-alcohol-related reckless driving. Also includes resources such as vehicle registration and additional training.

Installation Provost Marshal Office U.S. Army MP; Phone: 270-798-7113; Fort Campbell, KY; <http://www.campbell.army.mil/campbell/directorates/ES/Police>

Services: The Fort Campbell's Office of the Provost Marshal provides 24-hour law enforcement, force protection, and community assistance to Commanders, Soldiers, Family members, Civilians and guests of Fort Campbell; maintains liaison with federal, state and local law enforcement agencies; supports installation contingency operations.

Off Post Agencies

1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656; <http://www.clarksvillepd.org>
2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611; <http://www.mcgtm.org/sheriff>
3. Oak Grove Police Department: Administrative Office; 8505 Pembroke-Oak Grove Road; Oak Grove, KY; 270-439-4602

4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500; <http://www.hopkinsvilleky.us/police>
5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 270-887-4143



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Transportation/Automotive

Defintion: Services regarding transportation and vehicles

Airport Shuttle Services;

Jarmon Transportation Services; Nashville Airport and 170 Holiday Drive, Clarksville, TN; Phone: 615-275-0146 (Airport Location); 931-648-1411 (Clarksville Location)

Services: Provides service between Nashville Airport and Fort Campbell. No hourly schdeule, service is offered every day including holidays except Christmas. Fare is \$45.00 per person one way. Roundtrip fare is \$80.00; www.jarmontransportation.com

24 Hour Clarksville Airport Shuttle; Nashville Airport and Exit 11 Clarksville, TN; Phone: 931-552-9928/237-2699

Services: Door to door service between Clarksville/Fort Campbell and Nashville International Airport, 24 hour service; \$75 for first person, \$10 for each additional person; www.myshuttlelimo.com

Any Time-Transport Airport Shuttle; Nashville, TN; Phone: 615-217-7433

Services: Travels primarily to and from Nashville Airport from and to the surburban areas of Nashville, Clarksville, Fort Campbell, and Mid TN; www.anytimetransport.com

Automotive Services;

Air Assault Auto Repair Center and Parts Store; 5300 Airborne St & Tennessee; Fort Campbell, KY 42223; Phone: 270-956-1101; after hours phone: 931-980-3226; Hours 0700-1700 Mon-Fri, 0900-1600 Sat, Closed on Sundays and Holidays

Services: Car repair and parts storen wrecker service available

Firestone Car Care; 92 Michigan Avenue; hours 0700-1800 Mon-Sat, Closed Sun; Phone: 270-439-1865

Service: Tires, vehicle services and repair and auto supplies

Driver's License Office; Clarksville; 220 West Dunbar Cave Rd; Clarksville, TN; Phone: 931-648-5596; Hours 0700-1730 Mon-Fri; 0800-1730 second Wednesday of each month;

www.tennessee.gov; ***Hopkinsville;*** 100 Justice Way Christian County Justice Center; Hopkinsville, KY; Phone: 270-889-6540; Hours 0800-1620 Mon-Fri

Services: Issues licenses and learner's permits required to operate a motoro vehicle, I.D. cards to non-drivers who are county residents. Voter reigstration applications available at all locations; no test is required if current license is valid.

Vehicle Registration On-Post; Locations: Gate 4 & 7 and building 94 issues vehicle/motorcycle decals; an immediate right when you come in Gate 4 & 7; Phone: 270-798-5047; Gate 4 hours 0600-1830 Mon-Fri; 0900-1730 Sat; 0900-1330 Sun; Gate 7 hours 0730-1030 Mon-Fri; Closed weekends and Holidays

Services: The vehicle registration section issues military personnel, Family members, Civilians, Contract workers, and Retirees, Department of Defense decals, weapons registration, and bicycle registration

Off-Post; Tennessee Vehicle Registration; 350 Pageant Lane #502; Clarksville, TN; Phone: 931-648-5711; hours 0800-160 Mon-Fri;

Services: vehicle registration/tags

Kentucky Vehicle Registration; 511 South Main Hopkinsville Rd; Hopkinsville, KY; Phone: 270-887-4105; hours 0800-1600 Mon-Wed; 0800-1800 Thu; 0800-1630 Fri

Services: Vehicle registration/tags, marriage license, passport, deeds, election

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Warrior Transition Unit/Transitions

Definition: The purpose of the Warrior Transition Unit is to prepare Soldiers to return to their active duty unit or to become successful Army veteran in civilian life through medical and physical treatment and transitioning assistance.

Army Wounded Warrior Program (AW2); Soldier Family Assistance Center (SFAC)

2703 Michigan Avenue Fort Campbell, KY; Phone: 270-412-6018 or 270-412-6000;

<http://wtc.army.mil/aw2/index.html>

The Army Wounded Warrior Program (AW2) is the official U.S. Army program that assists and advocates for severely wounded, ill, and injured Soldiers, Veterans, and their Families, wherever they are located, regardless of military status. Warriors in Transition who qualify for AW2 are assigned to the program as soon as possible after arriving at the WTU. AW2 supports these Soldiers and their Families throughout their recovery and transition, even into Veteran status. This program, through the local support of AW2 Advocates, strives to foster the WT's independence.

Warrior Transition Unit; 6736 Desert Storm Ave; Fort Campbell, KY; Phone: 270-956-0693, Operations 270-798-956-0685, S1 & Finance 270-956-0686, FRSA 270-412-8656, Ombudsman 270-798-0757, Carenton Clinic 931-542-7974, Hours M-F 0730-1530;

<http://www.campbell.amedd.army.mil/>

Treatment & Support Services: The Warrior Transition Unit houses Soldiers with optimal medical benefit, expeditious and comprehensive personnel and administrative processing, while receiving medical care. The Army will take care of its Soldiers through high quality, expert medical care. For those who leave the Army, they will administratively process them with speed and compassion and assist with transitioning Soldiers medical needs to the Dept. of Veterans Affairs for follow-on care.

Soldier Family Assistance Center (SFAC); 2433 Indiana Ave.; Fort Campbell, KY;

Phone: 270-412-6000; Hours of Operation 0730-1630 Mon-Fri;

<http://www.fortcampbellmwr.com/acs/sfac/index.html>

Support Services: Provides Wounded Warriors with the support they need to heal and transition back to their unit or civilian life. The SFAC provides Soldiers and their Families with financial

services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services and referral services.

BACH Ombudsman/Wounded Warrior Hotline; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-0757/798-8827; Hours M-F 0730-1430; <http://www.campbell.amedd.army.mil/>
Support Services: BACH offers Soldiers and Family advocate for wounded and ill Soldiers and their Family member. This service provides a neutral and informal process to assist warriors in transition and their Family members. The National Wounded Soldier and Family Hotline is 1-800-984-8523 and offer Soldiers and Family members a way to resolve medical issues when the chain-of-command route has been exhausted.

Army Career and Alumni Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY: 270-798-5000 Hours 0730-1600 Mon-Wed & Thurs-Fri 0730-1500
Services: ACAP's mission is to provide timely and effective transition assistance to all transitioning DA personnel, Retirees and their Families. The goal is to prepare those members in transition for success by providing pre-separation counseling and job search preparation.

ACS Relocation Readiness Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone 270-956-2676/6313/0513; Hours 0800-1600 Mon-Wed & Fri; 0930 – 1600 on Thursday
<http://www.fortcampbellmwr.com/>
Support Services: “Plan my move” is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Website is www.militaryonesource.com. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training.



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Weight Management/Fitness

Definition: Facilitating maintenance of optimal body weight and percent body fat.

LaPointe Nutrition Clinic: LaPointe Clinic; 5979 Desert Storm Ave.; Fort Campbell, KY; 270-956-0134; Mon-Fri 0730-1600
Primary Prevention & Treatment Services: Specific for Active Duty only. Primary Care Services that includes Nutrition counseling and classes for weight loss and weight gain, high cholesterol, high blood pressure, sports nutrition, eating disorders and other nutrition based illnesses. Active Duty weight control classes are offered two or more times per month and can be scheduled by calling 270-956-0314.

Estep Wellness Center; 2270 14th & Kentucky; Fort Campbell, KY; Phone 270-798-4023/4664; Hours 0500-2100 M-F/0700-1800 Sat/1000-1800 Sun/0700-1800 Holiday/DONSAs
Support Services: The center offers a comprehensive fitness assessment utilizing the Micro Fit Computerized Fitness Evaluation System. Equipment includes a wide variety of aerobics machines. The center also offers several classes in step Cardio, Prenatal, kickboxing and more.

Other Fitness Centers

1. Olive Physical Fitness Center; 6990 Screaming Eagle Blvd; 270-798-4101
2. Freedom Fighters Gym; 7037 Lifeliner Road; 270-798-7355/7365
3. Gertsch Physical Fitness Center; 3610 50th Street; 270-798-2753
4. Fratellenico Physical Fitness Center; 3932 Omdiana Ave; 270-798-9418/9409
5. Lozada Physical Fitness Center; 6992 38th Street; 270-798-4306
6. Fryar Stadium Sports and Fitness Office; 5666 Wickham Ave; 270-798-3094



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Women's Health

Definition: Women's Health refers to OB/GYN Health/Issues.
<http://www.campbell.amedd.army.mil/>

Blanchfield Army Community Hospital Dept. of Women's Health; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8151; <http://www.campbell.amedd.army.mil/>

Primary Care & Treatment Services: The Department of Women's Health includes the OB/GYN clinic, Labor and Delivery, Mother-Baby Unit and Special Care Nursery. The Department of Women's Health provides a wide spectrum of health care by OB/GYN specialty physicians, certified nurse midwives, nurse practitioners, registered nurses, licensed practical nurses, nursing assistants and administrative staff.

BACH Labor & Delivery; Phone 270-798-8219

Primary Care Services: Inpatient OB care is provided on Labor and Delivery. During delivery, families are welcome. Only siblings of the newborn are allowed on the Labor and Delivery ward. Children may not be left unattended in the hospital. After regular duty hours, OB outpatients who are at least 20 weeks are seen in Labor and Delivery. Women who are less than 20 weeks pregnant will be seen in the Emergency Center after duty hours.

BACH Mother-Baby Unit; Phone: 270-798-8090

Support Services: The Mother-Baby Unit provides Family-centered maternity and newborn care while meeting the individual needs of mother and baby with minimum disruption and separation. The newborns remain with their mothers. Only siblings of the newborn are allowed in the Mother-Baby Unit. Children may not be left unattended in the hospital. The Mother-Baby Unit has a Special Care Nursery that provides Level 1 care to neonates requiring close observation.

BACH Women's Health Classes; Phone: 270-798-8750

Pregnancy

1. Second and Third Trimester Information – Attend at about weeks 14-40 of pregnancy.
2. Gestational Diabetes – Offered weekly for those referred by their providers.
3. Sibling Class – For kids of expecting parents to learn about becoming a big brother or big sister.
4. Postpartum Education for *Pregnant Gals* - Learn what to expect after delivery.

Childbirth

1. Preparation for Childbirth - This is a four hour class about includes information on birth options, relaxation, tools for birth such as breathing techniques. *Tour is included in class.* Registration is needed to attend. Partners are encouraged to attend if possible. Please call 798-8750 to register. *Please plan to attend during the last 6-8 wks of your pregnancy. Register between 25 and 32 weeks of pregnancy as classes fill fast.*

2. Refresher Childbirth – for couples (moms) not having their first child. *Tour included.* No registration.

Infant Care/ Parenting

1st Time Parent Class - Offered on a walk-in basis through the *New Parent Support Program*. Class is monthly from 8:45 am – 11:45 am the 3rd Wed of each month.

WALK-IN ONLY NO Registration. This class is **NOT** taught at BACH. Please call 798-5875 for location.

Contraception Options

Usually offered weekly, on Wednesday 11 AM – 12 PM. The Class is held in Room 2AC77 on the second floor by the Mother Baby Unit. All methods of contraception are discussed. This class is for anyone interested in contraception options. This class is suggested for those desiring female sterilization.

No registration is needed. Call 270-798-8750 for information.

Breastfeeding

Breastfeeding Information – This class is recommended for the last few months of pregnancy. You may attend any time during pregnancy. *Please call 956-0210 to register for this class.*

1. Due to content and subject matter, the above classes are for adults/parents. Please respect the needs of other participants in this matter.

2. During the SIBLING CLASS, the whole family, parents and children are welcome. Children attending the sibling class need an adult with them.

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